



LEZYA WEGLARZ, M.S., P.P.S.

Professional Learning Specialist



BIOGRAPHY

"My experiences as a Latina first-generation college student, parent advocate, and mother of a child on the Autism Spectrum all coincided to drive my passion of empowering ALL students, families, and professionals alike. I find purpose in supporting others in identifying their unique gifts, talents, and strengths to share with the world. As a school counselor, I am always looking for creative ways to connect with my students and support them through the challenges of life and school. As a school counselor, I am committed to being a bridge builder and to inspire hope."

Lezya Weglarz (she/her) wears many hats as a school counselor. She is a passionate middle school counselor in the San Marcos Unified School District (SMUSD) and serves on several leadership committees in SMUSD. Lezya is committed to supporting school counselors throughout the state of California as Board Director for the California Association of School Counselors (CASC) and as Chair of the CASC Ethics Committee. As the Chair of the COVID-19 School Counseling Emergency Task Force, she led a group of over 50 school counseling leaders in the creation of the covid19k12counseling.org website, designed to provide guidance and easy to access resources to support school counselors, administrators, caregivers, and other school-based mental health professionals throughout the pandemic.

Lezya loves supporting students of all ages and is a Lecturer in the Department of Counseling and School Psychology at San Diego State University, where she teaches school counseling graduate students. Lezya is an experienced presenter, having presented at national and state conferences on a variety of topics, including, "Helping Students Discover their Ikigai," "Creative Ways to Engage the Disengaged Learner," and "Strengthening School-Family Partnerships with Latinx Families."

Prior to becoming a school counselor, Lezya served as a parent liaison for many years. Her commitment to fostering strong school-family partnerships continues to be at the heart of her work.

PROFESSIONAL HIGHLIGHTS

- Board Director, California Association of School Counselors
- Lecturer, San Diego State University
- Chair, COVID-19 School Counseling Emergency Task Force leading the creation of a globally used [resource website](#) for school counselors
- Two-time presenter at the American School Counselor Association (ASCA) conference
- National speaker on topics such as "Helping Students Discover their Ikigai," "Creative Ways to Engage the Disengaged Learner" and "Strengthening School-Family Partnerships with Latinx Families"
- Co-authored "Fostering the Whole Child- A Guide to School-Based Mental Health Professionals" & "Superintendents: COVID-19 Re-Opening Considerations & Resources"

FUN FACTS

- Lezya is an avid reader—usually historical fiction, but she is currently reading the *Harry Potter* series based on a student's recommendation!
- Lezya is a nature lover who loves to hike and travel with her family.
- Lezya's favorite foods are sushi and popcorn (not the microwavable kind, though!).

TESTIMONIALS

I could listen to Lezya all day! I felt like I was listening to a guided meditation. She is so enthusiastic about her material but calm & collected. The order of the presentation was seamless and just wonderful!

– 2020 ASCA National Conference Attendee

I love her passion for aiding us in being the best school counselors we can be! Lezya is a calm and engaging presenter.

– 2021 National School Counseling Leadership Conference Attendee

Lezya gave numerous strategies and engaged everyone. It reinforced that I am not the only one struggling with disengaged students. She gave me HOPE!!!!

– 2021 San Diego School Counselor Conference Attendee



Email
lezyaw@gmail.com

Twitter
@lezyanithzy