



## OUR TEAM

# KEITH FULTHORP, Ed.D., P.P.S.

Professional Learning Specialist



## BIOGRAPHY

***"I am always inspired by the dedication, persistence, and hard work of school counselors. I especially love the "ah-ha" moments when school counselors see Solution-Focused Brief Counseling strategies in action--that moment when it really comes to life."***

Keith Fulthorp has over 25 years of experience within the Recreation and School Counseling Professions, and is currently an Associate Professor at California State University, Long Beach in the Department of Recreation and Leisure Studies. Keith's research interests are focused in municipal recreation and parks. Specifically, the relationship between place attachment, involvement, and agency loyalty in urban parks and special events. In addition, he has examined job competencies for entry level employment in municipal recreation agencies. His latest projects examine the use and design of urban pocket parks. He completed his doctorate degree from the University of Southern California in 2009 and continues to be closely tied to both the Recreation and School Counseling Professions. Keith's Municipal Recreation research and education sessions have been presented at the California Park and Recreation Society (annually since 2004), the National Recreation and Park Association (Annually since 2010), The American Therapeutic Recreation Association, The Midwest Therapeutic Recreation Conference, and the Academy of Leisure Sciences Teaching and Research Institute. Keith has presented both educational and research sessions at many local, state, and national school counseling conferences related to the use of solution-focused brief counseling in schools. He has provided training for local school districts in California, Colorado and Nebraska as well as state school counseling associations in Alabama, Arizona, California, Nebraska, North Dakota, Ohio, Tennessee, Utah, and Washington. His solution-focused trainings have also been presented at the American School Counselor Association, the California School Counselor Association, and the Solution-Focused Brief Therapy Association.

## PROFESSIONAL HIGHLIGHTS

- California Park & Recreation Society Award of Excellence: Outstanding Research (2017)
- Over 50 invited Solution-Focused Brief Counseling trainings/presentations in 20 states over the last 10 years.
- Two co-published Solution-Focused Brief Counseling articles in ASCA School Counselor Magazine (2020, 2014)
- Co-developed a Solution-Focused career counseling intervention (Brief Career Counseling) that decreased high school student period cuts by 79% after one meeting

## TESTIMONIALS

*"Best session so far." "Great Presentation, I feel like this is a game changer for me and how I help my students." "Fantastic! Engaging, entertaining presenters, super practical information that can be used right away."*

– 2018 ASCA National Conference Session Attendees

*"By far, the most interesting, helpful, useful, and engaging training I have been to in.....forever. Seriously, the presenters kept it real. The information was timely, pragmatic, and user-friendly. I loved the real life examples and plenty of time for questions and advice on how to implement the strategies."*

– School Counselor, Upland Unified School District, March 2020

*"I really enjoyed the presentation and wish I could attend again or possibly shadow each of them for a couple days. Just to see the theory in action. They are amazing counselors. I really enjoyed this training."*

– School Counselor, Imperial County, January 2019

## FUN FACTS

- Keith enjoys teaching and research in both Recreation and School Counseling.
- Keith likes to spend time mountain biking and road cycling.

### Email

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