

Bullying Prevention

Bonita Vista Middle School

By: Steven Bosset





Today's Agenda

- Classroom Expectations & Introductions
- Goals
- What students will be able to do
- Bonita Vista Middle Bullying Statistics
- Definition of Bullying
- Different types of bullying (erase: diff ways of bullying)
- Who are the bullies & the victims
- Ways to Report Bullying
- Steps to take if you or someone else is getting bullied
- Group Activity: Article & Questions

The goals of this lessons is to...

- help students understand the concept of bullying and its impact it can have on others.





By the end of the period,
students will be able to...

- define different types of bullying.
- identify different ways of reporting bullying.
- demonstrate knowledge of the impact of bullying.



Bullying at Bonita Vista Middle

- In the last year:
 - 21 % of BVMS students have been harassed.
 - 20% of BVMS students have been in a fight.
 - 23% of BVMS students have been afraid of being beaten up.

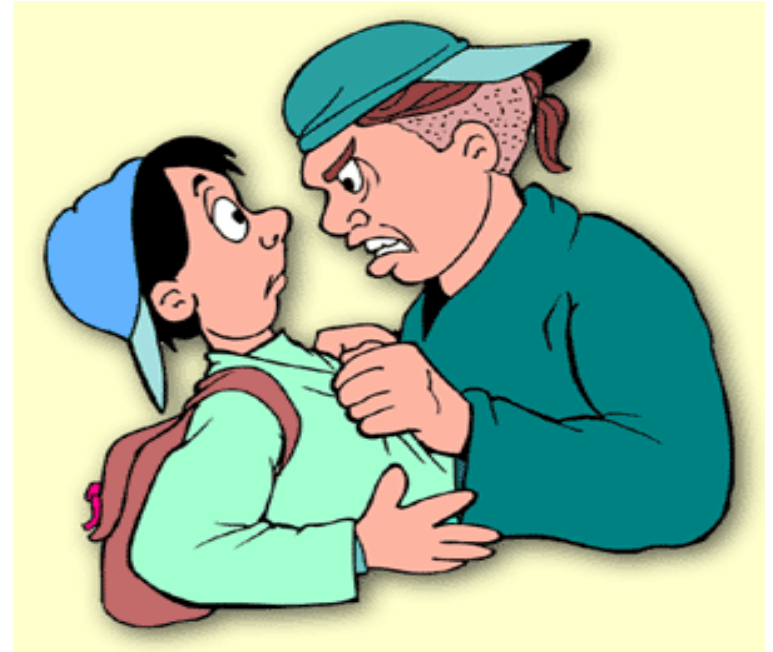


Bullying Across the Country

- Bullying occurs most frequently from 6th to 8th grade.
- Bullying is the leading cause of attempted suicide among children.
- 75 percent of school shooters were bullied at least once in their lifetime.
- Over **160,000 children** miss school for fear of being bullied every day.

What is Bullying?

- Bullying:
 - is any action targeted to hurt someone else.
 - is an abuse of **POWER**.
 - can be physical, verbal, or social.



Types of Bullying



- **Physical:** hitting, kicking, or pushing
- **Verbal:** name calling, teasing, threats
- **Social:** spreading rumors, ignoring others, telling lies

Who Are the Bullies?

- There is no one type of person that is a bully. Anyone can participate in bullying activities.



Who are the victims of bullying?

- **Anyone** can be a victim of bullying.





Ways to Report Bullying

- “Bullybox”: In the Counseling Center
- Speak with your counselors, teachers, parents, or a responsible adult.
- WE CAN HELP YOU



What if you are being bullied?

- Tell the bully to leave you alone
- Walk away and act sure of yourself
- Report incident to “Bully Box” or tell an adult!
- Try to talk about the problem with someone
- Avoid violence



What if someone else is getting bullied?

- Report bullying incidents you witness at school to an adult.
- Encourage and help others to report if they can't do it alone.
- Show disappointment in the behavior by not joining in when someone is getting teased or humiliated.
- Don't participate in spreading rumors.



Activity

- Article: *1 Punch, 2 Lives Destroyed*
- Instructions:
 - Pair up with someone next to you and answer the questions on the worksheet.
- Reactions to the article



Questions?
Thanks for Participating.