

Dear Parent/Guardian,

Your child has been invited to participate in small group counseling at Example School with the school counselor and school counseling interns. Group counseling sessions may occur once a week for about 30 minutes and aim to help students improve their social skills and academic success. Lessons during these sessions may include activities such as discussions, games, and worksheets. Topics addressed may include time management, problem-solving, managing emotions, or goal-setting.

In an effort to develop trust and respect among our students, any information shared by the student will remain confidential, with the exception of the following circumstances:

- The student reveals intent to harm him or herself
- The student reveals intent to harm another person
- The student reveals that he or she is being harmed

*If for any reason you **do not want** your child participating in the small group described above, **please return this form by October 21, 2019.** In the case that this form is not returned, your child will begin participating in the small group beginning October 28, 2019.*

Parent/Guardian _____

Date _____

Thank you,