

Date: _____

Dear _____,

Today was my last day of individual counseling with Ms. Duarte at school. We met together for _____ sessions. During those sessions we talked about my feelings, read books, created art, played games, and did role play activities.

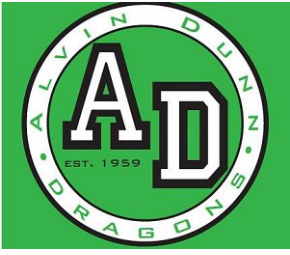
Even though today is my last day, I know that I can still come and talk to Ms. Duarte if I'm having really big feelings or if I need help solving a problem. Here are some things I learned that I want to share:

Sincerely,

I read this letter with my son/daughter.

(parent/guardian signature)

*Adapted from letter created by Sarah Terry, school counselor at Stevensville Elementary School



Fecha: _____

Estimado(a) _____,

Hoy fue mi ultimo dia de consejeria individual con Srta. Duarte. Nos juntamos por _____ sesiones. Durante esas sesiones, hablamos de mis sentimientos, leimos libros, hicimos arte, jugamos juegos y otras actividades.

Aunque sea mi ultimo dia, yo sé que todavia puedo hablar con Srta. Duarte si tengo sentimientos fuertes o si necesito ayuda resolviendo un problema. Aqui hay unas cosas que aprendí que me gustaria compartir:

sinceramente,

He leído esta carta con mi hijo/a.

(firma de familia)